“I watch what I do to see what I really believe.” Helen Prejean

God of love, you make the sun rise on the evil and on the good;
You send the rain on the righteous and the unrighteous.
Show me how to love with reckless abandon, as you love.
Show me how to care for others with tenderness, as you do.
Show me how to see your image even in those the world calls unworthy.
Like our sister Helen, show me how to roll up my sleeves and live my prayer in a broken, hurting world.
Amen.

Sister Helen Prejean (1939-), a member of the Congregation of St. Joseph, devotes her life to counseling death-row prisoners, working with the families of murder victims, and campaigning for an end to capital punishment. The author of Dead Man Walking, her tireless advocacy has helped to shape the Catholic Church’s opposition to all executions as an attack on human life.

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